

FOR IMMEDIATE RELEASE

Media contact:

Jennifer (Buell) Tames, Catholic Charities – (812)232-1447

# Family Night Brings Organizations Together to Benefit Our Community The Month of November Features Thanksgiving Dinner and Mental Health and Recovery

Join us on Wednesday, November 16th, from 4:30-6:00pm for Family Night at Ryves Youth Center. The November Family Night theme, sponsored by Fifth Third Bank, is Mental Health and Recovery and will feature a hot Thanksgiving meal. With the holiday season upon us, several community partners will gather and provide resources for our neighbors as some may begin to experience Seasonal Affective Disorder (SAD). The evening will feature a small panel discussion followed by one-on-one time with special guests: Narcotics Anonymous, Hamilton Center – Grace Mobile Clinic, Team of Mercy, Next Steps Foundation, Club Gobi, Oak Street Recovery House, Anabranch Services and more! The evening will also include activities for youth and adults.

"Families are encouraged to stop by for a warm Thanksgiving meal and a chance to seek out resources. The holidays can be challenging but even more so on those who suffer from Seasonal Affective Disorder. We want to provide resources to help the families we serve, stated Jim Pinkstaff, Program Director at Ryves Youth Center. We are happy to partner with these great local organizations and provide a fun and supportive atmosphere for our neighbors."

A hot, delicious Thanksgiving meal will be provided by Chef Naomi Smith at Fishes & Loaves Soup Kitchen, also Western Indiana Community Action Agency (WICAA) and Terre Haute Housing Authority will be on-hand to provide information and resources for families as well.

All families are encouraged to join in the Family Night fun. Activities will begin at 4:30pm in the Ryves Youth Center parking lot located at 1356 Locust St.

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#### **About Catholic Charities Terre Haute**

Catholic Charities provides help and creates hope by nourishing the minds, bodies and spirits of children, families, adults and seniors. By collaborating with community partners, we provide nutritious food, safe shelter, quality youth programming and essential human and household needs to our neighbors. For more information, call (812)232-1447 or visit <a href="www.ccthin.org">www.ccthin.org</a>.

#### **About Western Indiana Community Action Agency**

Community Action believes that with hope, adequate resources and opportunities, everyone can reach their fullest potential and we are committed to achieving that vision. WICAA pursues



innovation and excellence through multi-sector partnerships and collaboration. For more information, visit <a href="https://www.WICAA.org">www.WICAA.org</a>.

## **About Terre Haute Housing Authority**

The Housing Authority of the City of Terre Haute operates a number of housing programs administered by the U.S. Department of Housing and Urban Development. The Housing Authority's goal is to provide affordable, decent, safe, and sanitary housing opportunities to low-and moderate-income families including elderly and handicapped persons. More information can be found at <a href="https://www.terrehautehousing.org">www.terrehautehousing.org</a>.

## **About Purdue Extension Vigo County**

Purdue Extension Vigo County improve lives and livelihoods by delivering tested and trusted educational resources. The Cooperative Extension Service is one of the nation's largest providers of scientific research-based information and education. It's a network of colleges, universities, and the U.S. Department of Agriculture, serving communities and counties across America. The Purdue Extension focuses on: Agriculture and Natural Resources, Human and Health Sciences, Economic and Community Development and 4-H Youth.

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